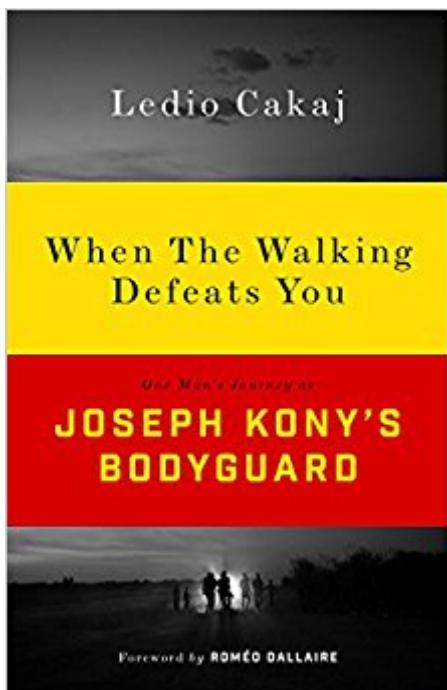


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When The Walking Defeats You: One Man's Journey As Joseph Kony's Bodyguard



Synopsis

The Lordâ™s Resistance Army (LRA), a cultish Christian rebel group operating in Uganda and in other parts of Eastern and Central Africa, has been accused of widespread human rights violations for decades. It has been reviled for its use of child soldiers and sexual slavery, as well as for waging a long campaign of violence and terror across a large swathe of the region. Educated and harboring humanitarian dreams of becoming a teacher, George Omona would thus seem an unlikely recruit for the LRA. And yet, after he was expelled from high school, OmonaÂ was caught by the charismatic pull of the LRAâ™s messianic leader, Joseph Kony, and he came to think that joining the group might be his best chance for rebuilding his life. When the Walking Defeats You is his unlikely and powerful story. Â Drawing on hours of interviews with Omona, Ledio Cakaj here offers a rare and fascinating insider account of one of the worldâ™s most notorious terrorist groups. As Cakaj describes, Omonaâ™s education and fluent command of English allowed him to rapidly rise through the ranks and eventually become a personal bodyguard to Kony himself. At Konyâ™s side, Omona spent almost three years with the group before finally making his escape, and his personal account of those years provides unique, unsettling, and often brutal insight into the inner workings of the LRA as well as the mind of its self-appointed prophet. Â

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Customer Reviews

âœWhen the Walking Defeats You is that rare achievement: an account of a rebel movement as seen from the inside. Cakajâ™s meticulously researched account takes the reader into the heart of one of Africaâ™s most feared organizations, capturing the mundane brutality of life in the LRA.â•

Â (Michela Wrong, author of *Borderlines* and *Itâ™s Our Turn to Eat*)âœCakaj renders interview subject George Omonaâ™s story of joining the Lordâ™s Resistance Army in Uganda with a somber and assured tone. . . . The book captures the fierceness of infighting within the group and the powerful hold exerted on it by founder Joseph Kony.â• (Publishers Weekly)âœWhen the *Walking Defeats You* is that rare achievement: an account of a rebel movement as seen from the inside. Cakajâ™s meticulously researched account takes the reader into the heart of one of Africaâ™s most feared organizations, capturing the mundane brutality of life in the LRA.â• (Michela Wrong, author of *Borderlines* and *Itâ™s Our Turn to Eat*)âœWhat makes this book exceptional are the sections voiced by â„Georgeâ™ (names are changed). Cakajâ™s real-life protagonist spent three years in the bush with the LRA, much of it serving as Konyâ™s own bodyguard. He is a doubly useful informant, at once an insider and an outsider, unlike his fellow fighters, he was an educated young townie who joined voluntarily, not a peasant-child from a rural Acholi village, abducted at gunpoint and then forced to kill. . . . Georgeâ™s unflinching narrative of his experiencesâ„ including the murder of unarmed civiliansâ„ reads like a particularly dark crime procedural: an account of how to say alive, and even find a measure of belonging, at the heart of a paranoid self-propelled death cult.â• (Times Literary Supplement)âœA heartbreak story, unmasking the everyday complexities of a most gruesome and sorrowing war. Absolutely remarkable!â• (Sverker FinnstrÃ¶m, author of *Living with Bad Surroundings: War, History, and Everyday Moments in Northern Uganda*)âœAs I read this book, I read my own experiences and what I went through. It is a story that all people should know about: how men, women, and children suffer and survive conflict.â• (Evelyn Amony, former LRA captive and author of *I am Evelyn Amony*)âœA remarkable first-hand account of life in the LRA, providing a compelling and convincing perspective on what it was like to be a combatant.â• (Tim Allen, co-editor of *The Lord's Resistance Army: Myth and Reality*)âœThis is a unique and compelling account that effectively intertwines the biographical account of George Omona (fictional name)â„ a young man who voluntarily joined and fought for the Lordâ™s Resistance Army (LRA) in Central African Republic, South Sudan, and Eastern Congo between 2007 and 2010 before escapingâ„ with the wider narrative of an ongoing conflict. . . . An important addition to the literature on the LRA and rebel groups more broadly.â• (LSE Review of Books)âœCakaj skillfully takes the reader inside the harrowing world of the LRA. Interspersed with stunning photography and reflections of persons who survived LRA attacks, a multi-layered story comes to life, further unfolding the complexities of such a devastating war.â• (Erin Baines, University of British Columbia)âœA deep and intimate portrait of the daily life of a child soldier. His book deserves to take its place next to books like *Ishmael*

Beahâ™s *A Long Way Gone* and Uzodinma Iwealaâ™s *Beasts of No Nation* in the sad catalog of stories about children at war.â• (Andrew Rice, author of *The Teeth May Smile but the Heart Does Not Forget*)âœ Gripping and gleaming with insight. Cakaj leads the reader into the very heart of one of Africaâ™s least-understood but most enduring rebel movements.â• (Matthew Green, author of *The Wizard of the Nile*)âœ A gripping portrayal of a rebel fighterâ™s harrowing journey in central Africa. Without pulling punches, Cakaj provides a human face to the notorious but often caricatured Lordâ™s Resistance Army.â• An insightful tour-de-force by an author whose deep knowledge about this group shines through on almost every page.â• (Ronald R. Atkinson, author of *The Roots of Ethnicity: The Origins of the Acholi of Uganda*)âœ Of all the books written about the LRA, this is the one that the politicians and diplomats should be reading. Cakaj puts us in the boots of the kids, pawns that nobody on the world stage can be bothered to save, left walking to this day.â• (Jane Bussmann, author of *The Worst Date Ever*, or how it took a Comedy Writer to Expose Africaâ™s Secret War)âœ Brilliantly weaves the dramatic and often horrifying experience of one man into a gripping story of two decades of the LRA war. A product of vast knowledge of the conflict, *When the Walking Defeats You* is sure to become a classic in the literature on conflict in Africa.â• (Adam Branch, author of *Displacing Human Rights: War and Intervention in Northern Uganda*)

Ledio Cakaj is an independent researcher who has worked for more than a decade in the Balkans and East and Central Africa and has spent many years studying the Lordâ™s Resistance Army for organizations including the World Bank, the Enough Project, Small Arms Survey, and Resolve. â

a long journey into night. not many first persons like this.

Utterly amazing text. Stunning stories of the life of a child victim of dictator violence designed to make him a killer. A gentle young man emerges, defining the essence of human goodness. Great job, Cakaj!!!

Very good book. I couldn't put it down.

I can't say I enjoyed it or not, but it raised some moral questions that made me understand the plight of the individuals involved in the conflict. The struggle between morality and self preservation is thick and overlapping. Put in the shoes of the George I couldn't imagine how I would act or react. It's a sobering perspective of what choices are available for the people trapped in this conflict.

I was captivated by this story and the author did a fantastic job in bringing the story to life. Helped to enlighten me on some of the atrocities, challenges and perseverance that is common in some parts of Africa. The author got a firsthand account from a former Kony's bodyguard which gave me an understanding of the hardship, challenges and history from a different point of view. This is an excellent book. I strongly recommend it!

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